

THE BEAUTIFUL MENDOCINO COAST

RESPECT IT - IN ALL ITS MOODS

IN WINTER FURY, WIND BLOWN SPUME

IN SUMMER CALM AND FOG

WATCH FOR THAT NEXT WAVE!



Children need special attention at the beach!
Children should always be in reach of a responsible adult.

Children should come out of the water if they get chilled.

Children should be moved away from the water if waves become large and threatening.

Cliff edges may crumble, stay back.



A CALM OCEAN STILL PRODUCES LARGE SURF!

CHECK THE TIDES AND THE LOCAL WEATHER FORECAST BEFORE YOU GO TO THE OCEAN.

NEVER TURN YOUR BACK ON THE WAVES!

Life jackets are life savers.
Non swimmers should wear one in the surf zone!

Larger breaking waves,
“rogue waves” can occur at any time.

If pulled into the surf stay calm and call for help.

If possible swim slowly with the waves towards the shore.

If caught in a rip current, stay calm. Do not attempt to fight the current by swimming against it. Swim across or perpendicular to the current’s direction until free, then swim ashore.



PRODUCED BY THE MENDOCINO COUNTY WATER SAFETY COALITION

Information contained within this poster is presented as a guide to safety considerations for coastal and ocean activities. It does not attempt to identify or list all safety considerations for safe activities on, or near the ocean.